

Khshnothro Ahurahe Mazdao

Ashem Vohu...1

*Asho-baeshazo, dato-baeshazo, kareto-baeshazo,
urvaro-baeshazo, manthro-baeshazo,
baeshazanam baeshazyotemo yat manthrem-spentem-baeshazyo,
yo narsh ashaono hacha uruthwan baeshzyat,
aesho zi asti baeshazanam baeshazyotemo.*

(Ardibehesht Yasht 3.6)

Meaning and Interpretation

Grace unto Ahura Mazda - Righteousness is the best

There are healers by purificatory rites, there are those who heal through Justice, there are surgeons who heal with knife, there are those who restore health with the use of plants, and then there is **one who heals through Manthras**. So there are variety of healers. But the one who heals by reciting Manthra is the best among the healers. For he is the virtuous man, who heals the Divine spirit (soul) within. Amongst all the healers he indeed is the best.